Dear (Insert Friend/Family Name),

(We/I) hope this note finds you well as you anticipate the (year) holiday season. (Our/My) best to you and your families. As (our/my) friend or family member, you are receiving this request on behalf of (our/my) (Relation/Name). (Name) is affected by Fragile X syndrome, which is caused when a single gene fails to produce a specific protein needed for normal brain development. Fragile X may cause intellectual disability, learning and behavioral challenges, speech impairments, and - sometimes - seizures. (Name) is (Number) years old and, like most of us, enjoys the buildup to the holidays. In receiving this note, (we are/I am) hoping to bring some energy into (Name’s) holiday and attempting to do some good on a larger scale as well.

This leads (us/me) to make two requests for your consideration:

- Could each recipient of this note send (Name) a holiday card? (We/I) will attach each card received to a bulletin board in (our/my) home so that (Name) can celebrate the holiday season a bit each day! Including a picture of yourselves, pets, children and/or grandchildren would add to the enjoyment! You can reach (Name) at:

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- In addition, could each of you consider a gift of $5 (or more)? The destination is FRAXA Research Foundation. The foundation directly funds research grants and fellowships at top universities around the world to find effective treatments and ultimately a cure for Fragile X syndrome. (We/I) have found FRAXA of high quality in managing funds received toward valuable research and clinical trials. A normal working brain is something we all take for granted! Please come alongside (us/me) in helping to find a cure by visiting [www.fraxa.org/donate](http://www.fraxa.org/donate) or by mailing a donation today to:

 FRAXA Research Foundation

 10 Prince Place, Suite 203

 Newburyport, MA 01950

Please note on any physical check sent “(Name) Holiday Donation”. Thank you for your kind consideration. (We/I) appreciate all you do and are thankful to share this holiday season with you.

With gratitude,

(Personal Signature)